

Yogapathways RYS 200 Semi Private Yoga Teacher Training

Application

Audrey Pearson E-RYT 500 (Devdasi) is a certified Metaphysician, certified Gendai Reiki Master, Certified advanced Yoga Teacher 'specializing in the spiritual dimension of Yoga, Reiki and Relationship. She is a Teacher's Teacher, sharing from her studies and practices with Master Yogis and Sages throughout the world since her first Integral Yoga class in 1971 in New York City. That set Dev's At-OM-Tradition. Between 1979 and 2010 Devdasi studied at Kripalu Ashrams in both PA, and in MA under the guidance of Yogi Amrit Desai, and subsequently at the Amrit Yoga Institute in FL. Audrey has been teaching the 8 fold path of Yoga in Metrowest Boston area for more than 20 years making her one of the most experienced area Yoga Teachers

Yogapathways' Self-Real-ization Yoga Teacher Training was established as a Center for the ancient technology of Yoga in 1996 in Clinton MA as a continuation of Audrey's long time Kripalu Yoga Practice. Yogapathways was registered with Yoga Alliance as a 200 hrs. Nationally recognized Yoga Teacher Training School in 2000 and as a designated 300 hrs Yoga Teacher Training in 2017

Audrey@Yogapathways.com continues to bring the ancient wisdom into today's evolved application that puts you, the Yoga Teacher Candidate, at the center of the Program, emphasizing your inner Source Divinity from which you share pranic wisdom. No hierarchy may exist in the spirituality of Inner Pathways, only the circle of LOVE where no-one sits at the head.

Name _____ Date of Birth _____

Home address _____

Best Phone _____ Recommended by _____

Yoga Practice & Experience _____

Total Tuition: Contact Hours, \$2625.00 (175 contact hrs. weekend modules)

Pay as you attend weekend Modules \$262.50 'payable directly to Audrey Pearson or Guest Faculty Member on the Friday of the weekend Module.

***Receive 10% reduction** off total tuition when paying in full prior to start date Friday March 23rd

***PayPal:** audrey@sent.com for in-full-payments

Monthly module payments cash or check

***Check:** to Audrey Pearson, *Yoga-OM location; 492 Mill St, Worcester MA 01602 (or bring to each module)*

Fill and return this form with deposit or payment in full to 492 Mill Street Worcester MA.

Dear Teachers,

Welcome to your Training in the once monthly x 10 weekend modules culminating in Certification as a Professional 200 hrs. Yoga Teacher, qualified for registry in the National Yoga Alliance. www.yogaalliance.com

The Yoga Teacher Training is presented in weekend workshops designed to further awaken your inner pranic life force through the applications of Patanjali's 8 fold path, the "eight Limbs of Yoga" the Yamas, Niyamas, Asana, Pranayama, Pratyahara, Dharana, Dhyana, and Samadhi ever guiding you inward to your unique experience of the spiritual dimension of Yoga from which you will teach

Your Training payments contribute to Yogapathways favorite Charity "Smile Train", making possible a corrective surgery for a Smile Train kid in your honor

Should you need to miss a weekend module or part of a module; make up classes are available at additional charge per missed class at \$20 per contact hr. by appointment after the final weekend;

*****All accredited classes and workshops as scheduled must be completed along with financial investment and home study assignments for certification.***

Yogapathways is a sacred vibratory space to explore your own inner pathways through the ancient technology of Patanjali's 8 fold path of YOGA as presented through the Lineage teachings of Swami Kripalu; to Amritji; to Devdasi, for the awakening of the sacred pranic life force ... (Devdasi is Audrey's Sanskrit name)

Yoga Teacher Training will take place in our brand new YOME (Like a Yurt except 'has a dome; better for Yoga Teacher Training purposes. The Y-OM is ordered and will be here on site in March when we pray the ground will have thawed enough to build the Platform Deck for it. If we need a few more weeks, the first and maybe the second once monthly module will be held in the house. Either way the Y-OM will be up as soon as the ground thaws.

You will need a yoga mat, a blanket, light grey colored top and leggings for simplicity and for (optional) YouTube video and photo shoots. A brown bag lunch for Saturday & Sunday (Refrigeration and microwave available) Coffee and Teas and cold drinks & snacks are provided

****Refunds:*** *Full amount less 10% Administrative Fee if cancelled up to 1 week prior to start date. After start date no refunds. Credit may be transferred to other YP Sessions as listed on the YP calendar or private requests.*

Return the Registration Form via email with ***\$100.00 in check or PayPal*** to reserve your place in the Training. Certifying (4 maximum) selected Teachers. The deposit will be deducted from your first w/e Module payment

Questions: Please email audrey@sent.com

Faculty



Devdasi Audrey Pearson, ERYT 500 Devdasi (Audrey Pearson) teaches Yoga Philosophy/Ethics/Lifestyle/Techniques. She brings to her Yoga Teacher Trainings 40 years experience in the spiritual lineage of Swami Kripalu. She received her first Yoga Teacher certification at Kripalu in 1987 and subsequent teacher certifications in Amrit Yoga, Pregnancy yoga and Senior Yoga with more than 1,500 documented teaching hours. Since her spiritual awakening, which continues, Audrey has dedicated her life to facilitating the awakening of the inner life force for all who seek to. She is also an advanced Reiki Shihan in the Lineage of Hiroshi Doi, the great Japanese Reiki awakener who is a member of the Usui Reiki Ryoho Gakkai. (Usui sensei's original Usui Reiki Society formed by Usui sensei himself. Philosophy and Techniques credit. Setting up a Yoga Business.



Mohan James Pearson RYT 500 Mohan (James Pearson) is a former resident of the Kripalu Ashram where he was front and center as one of the Yogis of Chant. Mohan opens each module with a Chanting session. He also leads Scriptural teachings followed by Q & A. He is a former massage Therapist and current A & P teacher for YP YTT and a teaching scholar of yogic scripture. He brings to YTT his spirited and heartfelt knowledge. James currently acts as editor and tech supports for Audrey's Yogapathways RYS 200 and RYS 300. He is also a Masterful energy transmitter of Gendai Reiki Ho and student of Usui Reiki Ryoho Gakkai member Doi Sensei. Scripture and A & P credit



Radhika (Francis La Valley) Radhika has certifications in multiple healing modalities. She is a senior Amrit Yoga Teacher, a Gendai Reiki Master and a Master Facilitator in the ancient practice of yoga nidra, a guided intention based meditation. Radhika offers guided experiences of resting as the space of awareness that you are. Techniques credit



Caroline Harris: Conscious Touch Therapist. Caroline has worked with the interaction of mind, body, and spirit in her Private Conscious Touch Practice in Northborough MA for 13+ years. With a background as a professional dancer, Caroline understands the benefits of yoga asana and the interactive focus at play when engaging the anatomy of body/mind/spirit with conscious touch Asana Adjustments and Assists. A & P credit



Ramdas Ormond (Tyron Ormond) Ramdas is the Head Yogi and Yoga Teacher at Bhakti House Utah 'home for traditional yoga. Ramdas teaches how to use Yoga to live with less stress as you transform yourself mentally, emotionally and physically... He is presenting on the weekend of AUGUST 24-26 guiding the teachers in Prana Awakening Teachings as he guides experiences to recognize innate prana



Janice Tebo RYT 200 Janice guides the class through gentle and precise supported essential postures, on chairs. Her gentle way and soft voice takes the student deeply in to their Heart Center and deep relaxation allowing prana to flow freely during the class and beyond the class. Especially recommended when teaching yoga for senior's yoga classes and or when teaching classes for students recovering from injury and illness. Techniques credit

Notes: Sometimes it becomes necessary to invite alternate Faculty. Audrey & James are Constants Lead Teachers and our guest Instructors occasionally need to be substituted for equally qualified Instructors.

Re: above Faculty ~ awaiting confirmation word from Radhika.

<https://www.youtube.com/watch?v=zTGZSQjrArs>

YouTube Introduction to the Lineage Masters Swami Kripalu, Indian Saint and Spiritual Grandfather being honored by his disciple (my teacher Shri Amritji) and his students during the years Swami Kripalu spent at the Ashram in PA during my earlier days in the 70s